



# Okanagan Wine Country Multi-Sport

## TRIP OVERVIEW

What do you get when you combine the best of the Canadian Rockies, Italy's Lake District, and Napa Valley? The answer is the Okanagan Valley nestled in the snow capped Caribou, Monashee and Selkirk Mountains in South-Central British Columbia. World famous for what is perhaps the finest grape growing region in the entire world, the Okanagan serves up adventures and scenic beauty that combine the best of North America. Towering glacier capped Mountains, clear mountain lakes and streams, sheer granite cliffs, rolling fruit orchards and vineyards, plus even a few cacti! The valley has long warm summer days, combined with cool evening temperatures creating large human smiles and small grapes with high sugar content and acidity perfect for the production of intensely flavored and aromatic wines. Whether canoeing, biking, wine tasting, boating, or hiking on this trip always remember to stop frequently to inhale the blossom scented mountain air and gaze at the supernatural views.

### **2007 PRICE:**

**\$ 2,698.00 per person**, double occupancy, **\$ 575.00** Single Supplement

### **2007 TOUR DATES:**

July 8-13

August 5-10

September 23-29

### **TRIP BEGINS**

Day 1 – 8:00am Kelowna, BC at the Manteo Resort

### **TRIP ENDS**

Day 6 – 12:00 noon. Airport shuttle departs shortly after 12:00 noon from Manteo Resort

### **FITNESS LEVEL RATING:**

Easy to Intermediate (Hikes up to 6 miles and Cycling up to 25-miles)

### **ACCOMMODATIONS:**

5 nights Resort Hotels

### **INCLUDED IN COST:**

- Round-trip transportation from Kelowna
- Expert, professional, knowledgeable, and safety certified guides
- Park permits and entry fees
- 2 nights lodging at Manteo Resort – double occupancy (host hotel)
- 1 night lodging at Naramata Heritage Inn – double occupancy
- 1 night lodging at Spirit Ridge – double occupancy
- 1 night lodging at Summerland Waterfront Resort – double occupancy
- Meals and snacks as detailed in itinerary
- Bottled water (alcohol at meals not included)
- Planned activities and related equipment (bikes, etc) as detailed in itinerary

### **NOT INCLUDED IN COST:**

- Airfare to and from Kelowna, BC
- Optional Gratuities to Guides
- Dinners on night 3, Lunch on Day 6
- Personal spa expenses or other room charges

**PARTICIPANT NOTE:** In a unique partnership that will enhance guest experience, participants may notice that two distinct brands are present during this trip. WOA and renowned luxury travel company Austin-Lehman Adventures are offering this trip as a joint venture both in its marketing and operations - combining our respective resources to deliver a truly exceptional travel experience for our customers. Some participants will be booked through Austin-Lehman's and some through WOA's offices, however all guests will receive the same level of service and have paid the same price for their trip.

**\*\* Photos courtesy Thompson Okanagan Tourism Association (TOTA)**



## **ITINERARY**

### **Sunday – Day 1**

The tour begins at 8:00am with a “welcome” orientation at our host hotel, **The Manteo Resort** in Kelowna. After a trip briefing and introduction by your guides, we depart for a hike to Wild Horse Canyon. The people in this area believe that aboriginals trapped wild horses in this canyon during the 1890's. In addition to great lake and mountain views, this hike is a perfect way for your guides to introduce you to the unique natural history of the area, including a lesson in fire ecology.

After a picnic lunch, we cycle along the lakeshore with a stop at Summerhill Pyramid Winery. Summerhill, Canada's largest Certified Organic Vineyard, may well be one of the more unique vineyard experiences you will ever have! Their wines are aged in an Egyptian Pyramid replica. The unique energetic effect of the pyramid produces wine that is smoother and more aromatic. The Summerhill Pyramid Vineyard comprises over 65 acres of organically grown grape varieties including; Riesling, Chardonnay, Pinot Noir, Gewurztraminer, Ehrenfelser and Pinot Meunier which flourish here in the northernmost desert viticulture region of the world. The day concludes with a bike ride along the lake to The Manteo Resort. Before dinner, you can relax or rent a canoe for a leisurely paddle across the lake.

**Distance: 4-5 miles Hiking**

### **Monday - Day 2**

After breakfast, we shuttle up to Chute Lake. Here we embark on a full day of cycling on a gentle downhill through pine forests and granite tunnels, past igloo like rock ovens, all with outstanding views from high above the valley. As we continue to descend we marvel at Canada's semi arid desert with the lush vineyards on irrigated hillsides, all framed with the backdrop of a crystal clear lake, and deep blue skies. Once we reach the vineyards of the Naramata Bench, we take a keep a leisurely pace as we tour some of the numerous wineries located on this spectacular valley. The Naramata Bench is a place of great beauty and personality. Fifteen boutique wineries have staked their claims to this prime agricultural land. Some are situated on the picturesque rolling hillsides of the Naramata Bench, while others are perched at the edge of cliffs that fall perilously towards Okanagan Lake. The bench is a remarkable setting, perhaps the most scenic wine region in all of North America. We enjoy a late picnic at the Red Rooster Winery and those with a passion for wine may linger on the bench (late afternoon shuttle available) while other group members can continue cycling to our lodging at Naramata Heritage Inn.

**Distance: 20-25 miles Biking**

### **Tuesday – Day 3**

Today we stay on the valley floor and cycle from Oliver to Osoyoos, Canada's warmest town. The International Bicycling and Hiking Society developed a lovely little riverside trail creating an easygoing ride that is perfect for a summer or fall day. The Oliver Trail meanders along the west side of the Okanagan River and offers superb views of rural farms, wildlife and the only desert ecological reserve in Canada. Our ride past the rolling orchards of cherry, peach, pear, plum, apricots, and apples will leave you marveling at this stunning environment. After a lakeside lunch in Osoyoos, we will tour NK'Mip Cellars; North America's first aboriginal owned and operated winery. The winery site is one of the most attractive in the South Okanagan with outstanding views in a setting of natural beauty. Situated on a bench overlooking the shores of Osoyoos Lake, the site is adjacent to a tract of natural desert land while the newly planted vineyards and orchards provide a stunning contrast. Tonight's lodging is at the Spirit Ridge Resort and we check in early to allow time for exploring the Desert Cultural Center before settling down for another great dinner.

**Distance: 18 miles Biking**

### **Wednesday – Day 4**

After breakfast, we will shuttle into the mountains to begin your ride high above the valley floor at Osprey Lake. Located just above Summerland, this section of the Trans-Canada Trail allows us to ride through shady stands of towering Ponderosa Pines and meander along the desert world of the Kettle Valley Railway red rock pathway. We enjoy the scenery on our way to our ultimate classic Okanagan view from this mountain summit. Next, we descend back to the valley and take the KVR all the way through Summerland to our waterfront resort. Another beautiful day comes to an end and we will relax at our lakeside accommodations, the Summerland Waterfront Resort. Tonight you have the option to dine on your own on one of Summerland's many award-winning restaurants.

**Distance: 25 miles of Biking**

**Thursday – Day 5**

Today we will shuttle north to hike the McDougall rim. This hike boasts views of unbelievable beauty along forest and grassland trails. Observe the wildflowers in bloom; take photos of the natural beauty, and spectacular viewpoints as we trek to the edge of Carrot Mountain, Mount Hayman and Mount Swite. On a clear day, you can view the snow-capped Monashee Range to the east mixed with a spectacular lake view in the foreground.

Whether you favor wine, architecture, fine food, or scenic beauty, our next stop at the trail’s end is sure to be one of the highlights of the trip. Crowning the hill that inspired its name, the lavish mission style architecture commemorates a long heritage of wine-making in the Okanagan Valley. Once reaching the property we can take in the 5:00 bells that ring over the Okanagan Valley and tour the winery and its architecture before taking the short trip down to the intimate Quail’s Gate Winery. The grand-finale dinner party at Quail’s Gate Old Vines Restaurant is the perfect way to cap off an unforgettable week of exploring the beauty of the Okanagan Valley.

**Distance: 5 miles of hiking**

**Friday - Day 6**

After a leisurely breakfast at the hotel we take one last bicycle tour around Kelowna alongside Lake Okanagan. Other post breakfast options include a morning relaxing by the lake, canoeing / kayaking, or doing some last minute shopping in Kelowna. The shuttle to the airport will depart shortly after 12:00 noon.

**Distance: Open**

**Map of the Okanagan Valley**

